



AMERICAN SOCIETY OF  
PLASTIC SURGEONS®

# Informed Consent

## Neck lift (Lower Rhytidectomy)



## **INSTRUCTIONS**

This document is about informed consent. It will tell you about neck lift surgery. It will outline the risks and other treatments options.

It is important that you read the whole document carefully. Please initial each page. Doing so means you have read the page. Signing the consent agreement means that you agree to the surgery that you have talked about with your surgeon.

## **GENERAL INFORMATION**

A neck lift is a surgery to treat signs of aging in the jawline and neck. It is also called lower rhytidectomy. It can remove jowls caused by fat and sagging skin in the lower face. It can also treat unsightly shapes due to extra fat under the chin, loose neck skin, or muscle banding in the neck.

## **OTHER TREATMENTS**

Other treatment options are liposuction and facelifts. Skin resurfacing is also an option. This includes chemical and laser-assisted skin peels. These options have their own risks and problems.

## **RISKS OF NECKLIFT SURGERY**

All surgeries have some risk. It is important that you know these risks. You must also understand other issues that might come up during or after surgery. Every procedure has its limits. Choosing to have a surgery means comparing the risks and benefits. Most people do not face problems, but you should talk about them with your plastic surgeon. Make sure you know all possible risks of neck lift surgery.

## **SPECIFIC RISKS OF NECKLIFT SURGERY**

### **Damage to facial nerves:**

The surgery may harm branches of the facial nerve that control the muscles of the neck and lower lip. This can weaken some face muscles. These muscles may not work at all if paralyzed. It can also make both sides of the face look uneven. This may be permanent. More surgery may be needed to fix this.

### **Changes to Skin Contours:**

The outline and shape of your skin may change. It may get deformed. You may need more surgery. The changes may not go away even after that.

## **DISCLAIMER**

Informed consent documents give you information about a surgery you are considering. These documents explain the risks of that surgery. They also discuss other treatment options, including not having surgery. However, informed consent documents can't cover everything. Your plastic surgeon may give you more or different information. This may be based on the facts of your case.

Informed consent documents are not meant to define or serve as the standard of medical care. Standards of medical care are determined based on the facts involved in an individual case. They may change with advances in science and technology. They can also change with the way doctors practice medicine.

**It is important that you read the above information carefully and get all your questions answered before signing the consent agreement on the next page.**



## CONSENT FOR PROCEDURE OR TREATMENT

1. I permit Dr. Siamak Agha, Dr. Lee Pu, Dr. Ali Razfar, and the doctor’s assistants to do the procedure **Neck lift (Lower Rhytidectomy)**.
2. I got the information sheet on Neck lift (Lower Rhytidectomy).
3. I understand that, during the surgery, an unexpected situation may require a different medical procedure than the surgery listed above. I permit the doctor listed above, the assistants and/or designees to provide any treatment that my doctor thinks is needed or helpful. My permission includes all treatments that my doctor does not plan to do at the start of the surgery.
4. I understand what my surgeon can and cannot do. I understand that no warranties or guarantees have been hinted at or stated outright about the outcome of the surgery. I have explained my goals. I understand which outcomes are realistic and which are not. All my questions have been answered. I understand the surgery’s risks. I am aware of other risks and possible issues, benefits, and options. I understand and choose to have the surgery.
5. I agree to the anesthetics that are needed or helpful. I understand that all types of anesthesia have risks and may result in complications, injury, and even death.
6. I am aware of the serious risks to my health when blood products are used. I agree to my doctor using them if my doctor, assistants, and/or designees think they are needed or helpful.
7. I agree to the disposal of any tissue, medical devices, or body parts taken out during or after surgery. I also agree to any additional surgeries or treatment that is needed or helpful.
8. I agree to have parts of my body photographed or televised appropriately before, during, and after the surgery for medical, scientific, educational reasons, or online factual disputes, if the pictures do not reveal my identity.
9. For medical education, I agree that onlookers can be in the operating room.
10. I permit my Social Security Number to be given to the right agencies for legal reasons and medical device registration, when necessary.
11. I agree to the charges for this surgery. I understand that the doctor’s charges are separate from the charges for the hospital and the anesthesia. I understand that there may be more charges if more procedures or treatments are needed or helpful. I agree to those charges, if any.
12. I understand that not having the surgery is an option and that I can opt-out of having the surgery.
13. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
  - a. THE ABOVE SURGERY TO BE PERFORMED
  - b. THERE MAY BE OTHER SURGERIES OR TREATMENT OPTIONS
  - c. THERE ARE RISKS TO THE SURGERY

I CONSENT TO THE SURGERY AND THE ITEMS THAT ARE LISTED ABOVE (1-13).  
 I UNDERSTAND THE EXPLANATION AND HAVE NO MORE QUESTIONS.

\_\_\_\_\_  
 Patient or Person Authorized to Sign for Patient                      Date/Time

\_\_\_\_\_  
 Witness    Date/Time